



COVID-19

Every Day	<ul style="list-style-type: none"> • Wash hands often. • Take your temperature. • Avoid touching your eyes, nose, and mouth. • Stay 6 feet away from others whenever possible. • Avoid sharing household items. • Clean household surfaces that are touched often. • Avoid contact with a person positive for COVID-19 or with someone who is waiting for test results.
Green Zone	<p>ALL CLEAR! This zone is your goal.</p> <ul style="list-style-type: none"> • No fever • No cough or sore throat • Easy breathing • No contact with a person positive for COVID-19 or with someone who is waiting for test results.
Yellow Zone	<p>CAUTION! This zone is a warning!</p> <p>Call your home care nurse at _____, or call your doctor at _____.</p> <ul style="list-style-type: none"> • Temperature more than 99.5°F (37.5°C) • New cough or sore throat • Contact with a person positive for COVID-19 or with someone who is waiting for test results
Red Zone	<p>EMERGENCY Zone!!</p> <p>Call your doctor at _____ for direction.</p> <ul style="list-style-type: none"> • Temperature of 101°F (38.3°C) or greater • Shortness of breath • Worsening cough or sore throat