

## Did You Know

that Medicare will provide  
**an Annual Wellness Visit  
(AWV)** once a year at no  
cost to you? Here you'll find  
information about this  
benefit and how it differs  
from a "yearly exam" or  
a "problem visit."



### Mission Statement

The Innovative Health Alliance of New York, LLC. (IHANY) is a collaboration among doctors, health systems and health care providers in New York's Capital Region aimed at improving the health of the communities we serve by working together in new, more coordinated ways. In today's evolving health care landscape, clinical integration is essential to achieving better health for the community, better care for individuals and lower costs of health care.



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## WHAT YOU NEED TO KNOW ABOUT **Medicare Annual Wellness Visits**

## ? What is an AWW?

The Annual Wellness Visit (AWV) is a yearly appointment with your care provider to update your health records and ensure you are up-to-date on receiving preventive healthcare services (screenings and vaccinations).

## ? Who is Eligible?

All Medicare Part B members who have not had a Medicare AWW or "Welcome to Medicare" visit in the past 12 months.

## ? What does the AWW cost?

Patients pay nothing out-of-pocket for this visit.

\*However, during your visit **if you require further tests or screenings** other than those listed below, **a co-payment or deductible expense may occur.**

## ? Is the AWW the same thing as a physical exam?

No. An AWW is a yearly visit with your provider to create a personalized preventive health plan, whereas physicals are for addressing chronic illnesses and performing routine lab work. However, your care provider may elect to perform additional services during an AWW which may have additional costs.

## ? What should I do if I haven't had an AWW in the past 12 months?

Call your primary care provider and ask to schedule your AWW. Talk to your provider about what you can do to prepare for the visit and what they would like you to bring.

## What is covered as part of the AWW?



Update of your age, race, address, and contact information



Update of your medical and family history



Update of your list of current care providers



Measurement of blood pressure, height and weight



Screen for memory changes



Review of movement ability and risk of falling



Written preventive screening plan for the next 5 to 10 years.



Advanced Care (end-of-life) Planning



Review of current medications

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