



WHAT YOU NEED TO KNOW ABOUT

Medicare Annual Wellness Visits

Did you know that Medicare will provide an Annual Wellness Visit (AWV) once a year at no cost to you? Below is some information about this benefit and how it differs from a "yearly exam" or a "problem visit."

? What is an AWV?

The Annual Wellness Visit (AWV) is a yearly appointment with your care provider to update your health records and ensure you are up-to-date on receiving preventive healthcare services (screenings and vaccinations).

? Who is Eligible?

All Medicare Part B members who have not had a Medicare AWV or "Welcome to Medicare" visit in the past 12 months.

? What does the AWV cost?

Patients pay nothing out-of-pocket for this visit.

*However, during your visit **if you require further tests or screenings** other than those listed below, a **co-payment or deductible expense may occur.**










? Is the AWV the same thing as a physical exam?

No. An AWV is a yearly visit with your provider to create a personalized preventive health plan, whereas physicals are for addressing chronic illnesses and performing routine lab work. However, your care provider may elect to perform additional services during an AWV which may have additional costs.

? What should I do if I haven't had an AWV in the past 12 months?

Call your primary care provider and ask to schedule your AWV. Talk to your provider about what you can do to prepare for the visit and what they would like you to bring.

What is covered as part of the AWV?

-  Update of your age, race, address, and contact information
-  Update of your list of current care providers
-  Screen for memory changes
-  Written preventive screening plan for the next 5 to 10 years
-  Review of current medications
-  Update of your medical and family history
-  Measurement of blood pressure, height and weight
-  Review of movement ability and risk of falling
-  Advanced Care (end-of-life) Planning

Mission Statement

The Innovative Health Alliance of New York, LLC. (IHANY) is a collaboration among doctors, health systems and health care providers in New York's Capital Region aimed at improving the health of the communities we serve by working together in new, more coordinated ways. In today's evolving health care landscape, clinical integration is essential to achieving better health for the community, better care for individuals and lower costs of health care.

