

January 2023

### Who we are...

The Innovative Health Alliance of New York, LLC (IHANY) is a collaboration among doctors, health systems, and health care providers in New York's Capital Region aimed at improving the health of the communities we serve by working together in new, more coordinated ways. In today's evolving health care landscape, clinical integration is essential to achieving better health for the community, better care for individuals, and lower costs of health care.

# **New Year, New Newsletter**

As we ring in the new year, we are excited to announce an expanded newsletter to better serve our providers and patients.

As you know, on July 1, 2022, St. Peter's Health Partners (SPHP) in Albany and St. Joseph's Health in Syracuse announced the restructuring and integration of the two regional systems. This also brought changes in the population health structure across both health systems and our associated clinically integrated networks – IHANY (SPHP) and CNYAIM (SJH).

Beginning Feb. 1, 2023, this newsletter will be inclusive of information serving both IHANY and CNY AIM. It will arrive in your inbox the same way, usually the first of every month.

Until then, we wish you a happy and healthy 2023!

Sincerely,

Kristen Mucitelli-Heath

Senior Vice President, Population Health, Advocacy St. Joseph's Health and St. Peter's Health Partners

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### **New Executive Director of IHANY Named**

Brian M. Pinga, CPHQ, CPhT, has been named the new executive director of the Innovative Health Care Alliance of New York (IHANY), effective Dec. 25, 2022.

Pinga has served as the regional director of Population Health Quality and Performance since August 2022, having regional responsibilities for the IHANY clinically integrated network (CIN) in Albany and the Central New York Accountable Integrated Medicine (CNY-AIM) CIN in Syracuse. Prior to that, he was the director of ACO/CIN Quality Improvement & Practice Operations since 2020 and was also a senior quality improvement specialist with IPRO in 2020.

Brian's career in health care spans more than 20 years, focusing on quality care, cost reduction, personnel training, team building, program recruitment, workflow efficiency, customer satisfaction, and fiscal responsibility. He is a Certified Professional in HealthCare

Quality (CELTQ) and is some in crisis and corporate communications, sales, retail, and educations

"Brian has been a force on quality in his two years with the organization, demonstrating his great passion for population health," said Kristen Mucitelli-Heath, senior vice president, Population Health, Advocacy, for St. Joseph's Health and St. Peter's Health Partners. "We are very excited to have him move into this position, leading day-to-day operations and performance."

"We have some amazing colleagues and partners who are passionate about the health and well-being of those we serve in the Capital Region," said Brian. "I'd like to thank my leadership for their faith in me to continue to carry our Mission forward."

You can reach Brian at **Brian.Pinga@sphp.com**.

# This Month's Priorities

# **IHANY Provider Network Updates**

Effective Jan. 1, 2023, **Five Corners Family Practice and Hometown Health Centers providers will no longer be part of the IHANY Network,** therefore they will no longer be Tier 1 for the St. Peter's Health Partners (SPHP) Colleague Health Plan administered by Blue Cross Blue Shield of Michigan. For SPHP colleagues whose primary care physician (PCP) is at Five Corners Family Practice or Hometown Health Centers, be aware that effective Jan. 1 their PCP will be Tier 2. If colleagues would like to find a new PCP, they can visit the new **IHANY Care Navigator page for colleagues**.

# **Medicare Shared Savings Program (MSSP) Reporting Period**

**Priority Reminder:** The MSSP reporting period begins on Jan. 3, 2023, and will close on March 31, 2023. Quality Team leads will be reporting performance on 10 quality measures during that time period. In preparation for this reporting and as the year comes to an end, be sure Annual Wellness Visits are completed for as many eligible patients as possible, and clinical condition documentation is reviewed whenever possible. Quality leads with questions regarding this process, please contact **Adriana Quiroga-Garcia**, or **Laura Graham**.

### **New Medicare Annual Wellness Visit (AWV) Tips**

The telehealth visit is an important path to completing the video Annual Wellness Visit (AWV). The AWV is a conversation visit between the provider and the patient. The video AWV may be provided by a physician, nurse practitioner, or physician assistant. This avenue of care is a very important way to ensure patients are up to date on their care path when they feel uncomfortable or have difficulty being physically present in an office - especially during the winter months. This is type of visit is also an excellent opportunity to address chronic condition documentation.

It is important to note a few key factors:

- All components of the AWV must be reviewed and documented in the progress note at the time of the service.
- Though there is no cost to the patient, if other services are provided, there may be additional costs to this visit.
- The telehealth/video AWV has specific coding and billing details. In addition, there are differences among payers for telehealth visit coverage. Some payers require the visit to be a video visit while others do not. It is best to check payer requirements around telehealth AWV.

• Trinity Health has developed a tip sheet for providing Telehealth Annual Wellness Visits.

**For primary care providers,** members of the IHANY Quality Team (**Adriana Quiroga-Garcia** and **Laura Graham**) are available to walk through this guide with you and support you in any way possible to help integrate the AWV into your practice. IHANY also has educational materials for your exam rooms and patients.

**For specialty care providers,** if you have a Medicare beneficiary patient who does not have a primary care physician (PCP), please direct them to any of these practices within the IHANY network to set up a primary care appointment and **ask specifically for an Annual Wellness Visit:** 

Amsterdam Internal Medicine & Pediatrics Ellis Medicine St. Mary's Healthcare

St. Peter's Health Partners Medical Associates

Wynantskill Family Medicine 518-283-1974

The IHANY team is also providing a Trinity Health Medicare AWV Quickstart Toolkit for provider education you can utilize for outreach and education.

If you would like copies, posters, pamphlets, or have any other questions, please reach out to Adriana Quiroga-Garcia.

# **Top Five AWV Performers**

Congratulations to our top performers below who are driving great results in our quality metrics.

	AWV Top Five Performers > 40 Beneficiaries	
	(Claims 1/1/22 - 10/1/22)	
Organization	Provider's Name	% with AWV
Ellis Hospital	Basmatie Sallick, FNP	68.42%
St. Peter's Health Partners Medical Associates	Abigail Courtright, FNP	66.67%
Ellis Hospital	Michael O'Brien, PA	64.29%
Carondelet Regional Medical, PC	Jeri Savoie, NP	59.38%
St. Peter's Health Partners Medical Associates	Virginia Bourdeau, NP	59%
	AWV Top Five Performers < 40 Beneficiaries	
	(Claims 1/1/22 - 10/1/22)	
Organization	Provider's Name	% with AWV
Samaritan Hospital	Nalini Ramanathan, M.D.	73.75%
St. Peter's Health Partners Medical Associates	Christopher Messitt, DO	71.32%
Samaritan Hospital	Kristin Yannetti, M.D.	67.69%
Samaritan Hospital	Luke Nightingale, M.D.	66.92%
St. Peter's Health Partners Medical Associates	Catherine Nguyen, M.D.	66.43%

The IHANY team has developed a Medicare AWV Patient Education poster you can utilize for outreach and education. Click **here** to view. There is also a brochure version to hand out.

If you would like posters or brochures for your practice, or have any other questions, please reach out to **Brian Pinga**.

# **Resource reminder:**

We have also created the lab and cancer screening location flyers below. Contact Brian Pinga to order printed copies of these as well.

# \*\*Make it as ANOV\*\* \*\*Make it as ANOV\*\* \*\*Make it is ANOV\*\* \*\*Make it

# **IHANY Lab Services Locations**

Do your patients need blood draws related to diabetes screening? Any other lab work?

Click **here** to view, download, or print the IHANY Laboratory Services flyer, featuring locations and schedules for all laboratories within the IHANY clinically integrated network.

# **IHANY Breast and Colon Cancer Screening Locations**

Please take note of this flyer that has been created, expanding IHANY cancer screening locations to include colon cancer screenings. Please share with your patients and colleagues.

Click **here** to print.







# **Influenza Concerns for Crowded Emergency Departments**

New York state is experiencing very high influenza activity, making it the dominant respiratory illness being treated in emergency departments (EDs) and outpatient settings according to the Trinity Health Seasonal Respiratory Virus Response Team. As you know, emergency departments have been experiencing unprecedented pressures and demand for services since the pandemic began and this exponential rise in flu cases will cause more delays and frustration for patients and staff. We need your help to educate patients and help keep non-emergency issues out of the ED.

Please continue to remind your patients that non-emergency care can be provided more quickly at urgent care centers and primary care offices, some of which have after-hours appointments and virtual care appointments. Also, emergency rooms are -not- to be used as COVID or influenza testing sites.

Patients experiencing serious symptoms like a high fever, trouble breathing, or chest pain should still call 9-1-1 or immediately go to the emergency department for care.

# **Specialty Spotlight**

# **IHANY Network Specialty Practices:**



As a Clinically Integrated Network, continuing to promote in-network referrals will allow for IHANY to provide better health to the populations we serve. With that in mind, we will have feature spotlights on IHANY partners and affiliates within this newsletter to ensure we keep you informed of our diverse resources.

**January is recognized as Thyroid Awareness Month.** The thyroid is a small, butterfly-shaped gland at the base of the neck. It is part of the endocrine system, which affects nearly every organ in your body; everything from the nervous system, metabolism, and body temperature to brain development, fat production, heart and cholesterol levels, and more. Problems begin when the thyroid gland produces too much or not enough hormone.

More than 30-million Americans have been affected by thyroid disease, including hyperthyroidism (when the thyroid is more active than it should be), hypothyroidism (when the thyroid works slower than it should), and Hashimoto's disease (the body's immune system mistakenly attacks and slowly destroys the thyroid gland and its ability to produce hormones), among others.

The symptoms are many and vary with different diseases, but include:

- Fatigue
- · Weight gain/inability to lose weight
- Weight loss
- Dry, thinning hair and brittle nails
- · Sensitivity to heat or cold
- Irregular/heavy menstruation
- · Puffy eyes or face
- Enlarged thyroid (goiter), and more.

Many treatments are available that can greatly improve a person's quality of life. If your patient is in need of testing or a thyroid specialist, you can refer them within the IHANY network to:

### St. Peter's Diabetes & Endocrine Care (offices in three locations)

- 63 Shaker Rd., Suite 201, Albany (518) 471-3636
- 855 Rte. 146, Building B, Suite 150, Clifton Park (518) 373-4466
- 279 Troy Rd., Rensselaer (518) 880-6320

If you are an IHANY Network Specialty practice and would like your location featured in a future IHANY Monthly, please email **Brian Pinga**.

# **Other Timely News**

# **Engaging Patients - Voice of the Beneficiary**

Trinity Health and IHANY have two unique opportunities for patients to share their perspectives and help others.

Trinity Health System Office is seeking a Medicare fee-for-service (traditional Medicare not Medicare Advantage)
beneficiary who is aligned/attributed to a provider in the MSSP ACO to serve as the Voice of the Beneficiary. This volunteer
position is asked to represent the voice of the beneficiary by bringing the unique perspective of a consumer of services. The
volunteer must be willing to serve on the relevant clinical committees and/or task forces related to quality, utilization, and
patient experience. Additional responsibilities attached.

• IHANY is looking for a **Medicaid or Uninsured beneficiary** to join its board. This volunteer position is asked to represent the voice of the beneficiary by bringing the unique perspective of a consumer of services. The volunteer may also be included in relevant clinical committees and/or task forces related to quality, utilization, and patient experience. IHANY meeting requirement would be on a quarterly basis (4 times per year) in the evening.

You can read job descriptions **here**. Please forward interested candidates for either role to Brian M. Pinga, CPHQ, CPhT, Regional Director, Population Health Quality and Performance, at **brian.pinga@sphp.com**, for consideration.

# Welcome to the HCC Coding Catch-Up

Documentation, coding, and submission of each patient's diagnoses or Hierarchical Condition Category (HCCs) is required at least once per calendar year, restarting every Jan. 1.

Sharing guidance on new and existing ICD-10-CM (HCC) codes

### Did you know?

Risk adjustment scores refresh every year on Jan. 1!

### What does this mean?

All of your patient's risk-adjustable diagnoses must be reassessed and billed during the 2023 calendar year to accurately communicate the patient's health burden to the payer.

### The Epic HCCs needing refresh BPAs will reset!

Please reach out to IHANY Risk Adjustment Coders or your informaticist if you'd like more information on the HCC BPAs and how they can help you capture all of your patient's risk adjustable diagnoses.

### All HCCs must be documented at least once per year!

One of the most critical and basic requirements in coding a medical record is proper documentation of a diagnosis to capture the most accurate HCC code. To establish the presence of a diagnosis during an encounter, providers should validate each diagnosis via MEAT, which represents **Monitor**, **E**valuate, **A**ssess, **T**reat.

- Monitor signs and symptoms or disease progression with ongoing surveillance of condition
- Evaluate current state of condition through physical exam, test results, response to treatment
- Assess condition through discussion, review of records, counseling, or order further testing
- Treat condition with medication, therapeutic services, or referral to specialist

You can review IHANY's MEAT Quick Guide and HCC Documentation Quick Guides for more information.

For more information on these topics, visit our website https://www.ihany.org/for-providers/hcc-provider-education.

# **Clinician Wellness & Resilience**

The American College of Physicians (ACP) Toolkit for Wellness and Burnout has a collection of podcasts, TED Talks, blogs, apps, and more to take a deeper dive into improving your personal well-being and professional satisfaction. It also includes "Mini but Mighty Skills for Well-Being," designed to help you learn actionable skills in just 10-15 minutes. To learn more, visit the **ACP website**.

### **Education**

# **IPRO Educational Opportunities**

The IPRO Quality Innovation Network-Quality Improvement Organization (QIN-QIO) is offering the following education opportunities:

### **Increasing the Focus on Complex Care**

Patients with unmet behavioral and social needs correlate with high utilization and poor outcomes. A complex care approach can help you better support patients, create community connections, and decrease utilization. Join us for upcoming sessions.

### (Click the link above to register.)

Jan. 5: noon (Learning Circle/Screening Review Check-In)

Jan. 19: noon - 1 p.m. (Understanding and Addressing Health Equity as a Driver for Readmissions)

### **Vax Chat**

Join Vax Chat every other Thursday morning from 7:45 - 8 a.m. for a brief, but impactful conversation about the latest topics in vaccines. A single registration allows you to join us whenever it works best for you.

### (Click the link above to register.)

Jan. 12

Jan. 26

### IPRO QIN-QIO High-Risk Medication Safety Monthly Learning Circle

Our next meeting is Jan. 4 from 2 - 3 p.m. with subsequent sessions on the first Wednesday of each month. Email **amyrka@ipro.org** to receive a calendar invitation for the Medication Safety Monthly Learning Circle.

### **Health Equity Organizational Assessment (HEOA) Affinity Group**

Led by IPRO, Health Equity subject matter experts (SMEs) will work together to advance opportunities for improvement identified from your organization's HEOA report. We will meet from noon - 12:45 p.m. on the second Thursday of each month.

(Click the link above to register)

January 12

February 9

# **Important Reminders!**

The following content has been shared previously. We are including as a reminder in this month's newsletter.

# **SPHP Colleague Shares Her Colonoscopy Story:**

### "It Could Mean Your Life"

The importance of health screenings cannot be stressed enough. Early intervention can prevent illnesses that would otherwise be left untreated, from advancing. It can save your life. St. Peter's Health Partners is featuring colleagues who want to share their experiences to hopefully encourage fellow colleagues to see their doctors regularly and have appropriate screenings done.

Today, we meet **Nora Jackson**, supervisor of the Mercy Me Gift Shop at St. Peter's Hospital, who says, "Had my primary doctor not questioned the blood work results and urged me to get the colonoscopy done, who knows what would have happened down the line." Click **here** to watch her story.



### **Medical Grand Rounds Needs YOU!**

Are you doing something new and innovative in your practice? Are you a subject expert? Have you recently presented at a professional conference or program? Do you have an idea for a program? The Medical Grand Rounds team is seeking speakers to present to colleagues at our live and virtual Medical Grand Rounds the first and third Wednesdays of the month at noon. Speakers are not limited to medical staff. We work with physician assistants, nurses, pharmacists, chaplains, dentists, social workers, psychologists, and more. For more information and to volunteer, please contact **Kathy Kindness**, continuing education coordinator.

Medical Grand Rounds is accredited by the **Joint Accreditation for Interprofessional Continuing Education**.

# Connecting our CIN: EpicCare Link

If you are a provider -not- currently on St. Peter's Epic/TogetherCare electronic medical record system (EMR), you can use EpicCare Link to connect to that EMR. This is a free, web-based portal that provides real-time, read-only access to your patients' clinical data to provide quality patient care. You'll receive automatic notifications when there is an update on your patient, giving you the information you need to plan your patient's follow-up and continuing care plans. You can also use EpicCare Link to quickly refer patients to the SPHPMA organization. You can access EpicCare Link by clicking here.

### **NEW to EpicCare Link?**

To find out if your practice is already set up in EpicCare Link, or if it needs to be added, please email the SPHP EpicCare Link coordinator, **Missy Belotti**.

Once it is validated that the practice exists in EpicCare Link, a practice "site administrator" needs to be identified to coordinate and manage access for providers and appropriate practice staff. Practices are able to designate more than one site administrator if needed. Only new account requests submitted to Missy Belotti by the practice site administrator(s) will be processed.

You should also contact Missy Belotti if your practice is already set up, but you do not know who your site administrator is, or you need assistance reactivating an EpicCare Link account.

# **Addressing Patient Needs**

As an Accountable Care Organization (ACO), it is important we bring focus to addressing the needs of our patients with the highest disease burden. In April, the IHANY team began sharing reports centered on managing these members and addressing their risk and quality gaps. We shared how we will be managing this data with our primary care physician (PCP) practice leads through feedback and bimonthly meetings. If you have any questions about this process, please reach out to **Brian Pinga**.

### **IHANY Website**

There are now easily accessible resources for Hierarchical Condition Categories (HCC) Provider Education and Quality on IHANY.org. Go to the "For Providers" section and choose which topic you would like to explore.

# We Are Here to Support You

Your IHANY Practice Support Team:

Adriana Quiroga-Garcia, Regional Manager, Population Health Quality & Performance Ashley Zapp, Manager, Care Coordination
Brian M. Pinga, Executive Director, IHANY
Emily Smith, Risk Adjustment Coding Specialist
Laura Graham, Quality Improvement Specialist
Lisa Kelly-Armstrong, Director, Network Management & Operations
Michelle Sebastian, Risk Adjustment and Coding Auditor

You can find all of our past **newsletters** on our website.

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kim.kendrick@sphp.com is signed up to receive emails from Innovative Health Alliance of New York (IHANY)

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