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April 2022



Who we are...

The Innovative Health Alliance of New York, LLC. (IHANY) is a collaboration among doctors, health systems and health care providers in New York's Capital Region aimed at improving the health of the communities we serve by working together in new, more coordinated ways. In today's evolving health care landscape, clinical integration is essential to achieving better health for the community, better care for individuals and lower costs of health care.

This Month's Priorities

- **As an ACO it is important that we bring focus to addressing the needs of our patients with the highest disease burden.** Starting in April, the IHANY team will begin sharing reports centered around managing these members and addressing their risk and quality gaps. Keep an eye out for our communications detailing the reports and goals around the data.
- **Annual Wellness Visits (AWV):** Addressing Annual Wellness Visits for our Medicare (ACO and Advantage) populations is a year round effort. **Our target for CY 2022 is 50%.** The IHANY team has developed a Medicare AWV Patient Education Document you can utilize for

WHAT YOU NEED TO KNOW ABOUT Medicare Annual Wellness Visits

Did you know that Medicare will provide an Annual Wellness Visit (AWV) once a year at no cost to you? Below is some information about this benefit and how it differs from a "yearly exam" or a "problem visit."

What is an AWV?
The Annual Wellness Visit (AWV) is a yearly appointment with your care provider to update your health records and ensure you are up-to-date on receiving preventive healthcare services (screenings and vaccines).

Who is Eligible?
All Medicare Part B members who have not had a Medicare AWV or "Welcome to Medicare" visit in the past 12 months.

What does the AWV cost?
There is no routine out-of-pocket for this visit. However, during your visit if you require further tests or screenings other than those listed below, a co-payment or deductible expense may occur.

Is the AWV the same thing as a physical exam?
No. An AWV is a yearly visit with your provider to create a personalized preventive health plan, whereas physicals are for addressing chronic illnesses and performing routine lab work. However, your care provider may elect to perform additional services during an AWV which may have additional costs.

What should I do if I haven't had an AWV in the past 12 months?
Call your primary care provider and ask to schedule your AWV. Talk to your provider about what you can do to prepare for the visit and what they would like you to bring.

What is covered as part of the AWV?

- Update of your age, race, address, and contact information
- Update of your medical and family history
- Screen for memory changes
- Measurement of blood pressure, height and weight
- Review of movement ability and risk of falling
- Written preventive screening plan for the next 5 to 10 years
- Review of current medications
- Advanced Care (end-of-life) Planning

Mission Statement
The Innovative Health Alliance of New York, LLC (IHANY) is a collaboration among doctors, health systems and health care providers in New York's Capital Region aimed at improving the health of the communities we serve by working together in new, more coordinated ways. In today's evolving health care landscape, clinical integration is essential to achieving better health for the community, better care for individuals and lower costs of health care.

Partners: St. Elizabeth's Health System, Ellis Medicine, St. Mary's Healthcare, Priority Practice, American Internal Medicine & Pediatrics, Rocky T. Etkin, MD, IB, Lynn F. Meek, MD

outreach and education. Click the image to the right. If you would like copies, posters or have any other questions please reach out to [Brian Pinga](#).

- **2021/2022 GPRO Education Sessions:** The IHANY Quality Team will be holding 3 education sessions with our organization's quality teams to discuss lessons learned from the 2021 GPRO audit and review over the 2022 GPRO specifications. Invites were sent out on March 28th for all 3 sessions. If you would like to join these sessions and didn't receive an invitation please reach out to [Brian Pinga](#). Recordings and slides from these sessions will be posted on upcoming IHANY monthly newsletters and our website.
 - Session 1: April 13th 12:00pm-1:00pm
 - Session 2: May 4th 12:00pm-1:00pm
 - Session 3: May 18th 12:00pm-1:00pm

Welcome to the HCC Coding Catch-Up

Documentation, coding and submission of each patient's diagnoses or Hierarchical Condition Category (HCCs) **is required at least once per calendar year, restarting every January 1.**

Coding topic for this month:

Chronic Kidney Disease (click link: [Chronic Kidney Disease](#))

A screening for chronic kidney disease (CKD) should be performed annually. Early detection reduces the risk of disease progression. CKD stage must also be documented by a provider and cannot be coded based on lab values alone. Per coding guidelines, an assumed causal relationship exists between chronic kidney disease and diabetes and/or hypertension unless they are documented as unrelated. If diabetes or hypertension contributes to CKD, these should be documented as such and linked with a combination code (click link: [Combination Codes](#)).

The most effective way to document is MEAT. This acronym represents **M**onitor, **E**valuate, **A**ssess, or **T**reat the condition.

For more information on these topics, visit our website
<https://www.ihany.org/for-providers/hcc-provider-education/>.

Specialty Spotlight

IHANY Network Specialty Practices: Pulmonary & Critical Care

As a Clinically Integrated Network, continuing to promote in-network referrals will allow for IHANY to provide better health to the populations we serve.

With that in mind, we will have feature spotlights on IHANY partners and affiliates within this newsletter to ensure we keep you informed of our diverse resources.

This month, preparing for ***Asthma Awareness Month*** in May, we would like to highlight our Pulmonary & Critical Care practices that provide services to the Greater Capital District along with Montgomery and Fulton counties.

Schenectady Pulmonary and Critical Care Associates (SPCCA)

SPCCA is a large pulmonary, sleep medicine, and critical care group comprised of board certified sleep physicians, interventional pulmonologists, and board critical care specialists. They service Saratoga, Schenectady, Montgomery, and Fulton counties. SPCCA covers St. Mary's hospital in Amsterdam, Sunnyview Rehabilitation Center in Schenectady, and Ellis Medicine in Schenectady. They have offices in Clifton Park, Schenectady, and Amsterdam. In addition, SPCCA also has a fully accredited sleep lab in Amsterdam.

For location and contact information click [here](#).

SPHP Pulmonary and Critical Care

At Pulmonary & Critical Care Services, they believe that comprehensive medical care involves a partnership with the physician, the patient and the staff. SPHP remains committed to offering the most current treatment options and services available. They are also sensitive to a patient's needs and respect their dignity and cultural preferences.

Services include a full pulmonary function laboratory which enables them to offer a variety of diagnostic and therapeutic tools that were previously available only at a hospital. This provides the patient with a convenient choice of facilities and allows SPHP physicians faster access to information needed in the care of their patients.

SPHP Pulmonary and Critical Care also offer spirometry, chest X-ray, ECG, oximetry, Endobronchial ultrasound (EBUS), and a Sleep Center.

This practice is accepting new patients.

For location and contact information click [here](#).

For information about outpatient pulmonary rehabilitation services click [here](#).

If you are an IHANY Network Specialty practice and would like your location featured in a future IHANY Monthly, please email [Brian Pinga](#).

Clinician Wellness & Resilience Suggestion of the Month

Can you name one habit of highly resilient physicians? In this brief article, "*7 Habits of Highly Resilient Physicians*," Dr. Gail Gazelle, an internal medicine physician and author of *Everyday Resilience: A Practical Guide to Build Inner Strength and Weather Life's Challenges*, shares seven resilience-enhancing habits she's observed as a physician coach and from over 30 years' practicing medicine.

[*7 habits of highly resilient physicians \(kevinmd.com\)*](#)

Education

SPHP Medical Grand Rounds – April 2022

CME credits are available for the live events and recordings will be posted 30 days after the event. **These sessions are open to all IHANY providers.**

Details available on the website: <https://www.sphp.com/colleagues/continuing-medical-education>

Upcoming Presentations

Meetings are held **12pm-1pm** on Wednesdays

Wednesday, April 20, 12 noon – 1 pm

Diversity, Equity, and Inclusion

Mary Larkin, Diversity and Inclusion Consultant

- *Understand DEI efforts across the organization*
- *Enhance social justice language to engage in meaningful conversations with colleagues and the communities that we serve*
- *Consider ways to reinforce a culture of inclusion and belonging*

Microsoft Teams Meeting Link: click [here](#)

For questions, contact:

Kathy Kindness, Medical Librarian, kathy.kindness@sphp.com

Website: <https://www.sphp.com/colleagues/continuing-medical-education>

REMINDER

Connecting our CIN: EpicCare Link

EpicCare Link is a free web-based portal that provides real-time access to patient information so you can access patients' clinical data by connecting you to St. Peter's EPIC medical record system to provide quality patient care. You'll receive automatic notifications when there is an update on your patient, giving you the information you need to plan your patient's follow up and continuing care plans. You can also use EpicCare Link to quickly refer patients to SPHPMA organization.

Connect Patients to SPHPMA Diabetes Prevention Program (DPP)

You can help your patients prevent or delay the onset of Type 2 Diabetes! St. Peter's Health Partners Medical Associates offers a free Diabetes Prevention Program to qualifying patients! The year long program helps participants make healthy lifestyle changes to lower their risk of developing Type 2 Diabetes! Classes meet weekly for 16 weeks then bi-monthly then monthly. Using a CDC approved curriculum, they focus on a

5-7% weight loss and increasing activity to 150 minutes or more a week. The team covers a variety of topics such as grocery shopping, reading food labels, managing stress, coping with triggers and more. Participants have a trained lifestyle coach to help guide them through the length of the class! Referring is easy through Epic CareLink.

- 1) Order Entry
- 2) Select **Ambulatory Referral to Diabetic Education**
- 3) Select **SPMGP Prediabetes Management for department**
- 4) Answer the questions: Number of hours ordered (**Initial**), Diabetes Services (**Comprehensive Program**), Training (**Group education**), Certification (**select No**)
- 5) Dx Association: **Prediabetes**
- 6) Sign orders

If you want more information or are interested in upcoming classes, visit: [Diabetes Prevention Program | St. Peter's Health Partners \(sphp.com\)](#)

IHANY Website

There are now easily assessable resources for HCC Provider Education and Quality on [IHANY.org](#). Go to the "For Providers" section and choose what topic you would like to explore.

We are here to support you.

Your IHANY Practice Support Team

[Ashley Zapp](#), Manager, Care Coordination
[Brian M. Pinga](#), Director, Quality Improvement & Practice Operations
[Eileen M. Jones](#), Director, Clinical Condition Documentation
[Emily Smith](#), Risk Adjustment Coding Specialist
[Julie R. Eisen](#), Risk Adjustment Coding Specialist
[Laura Wise](#), Healthcare Data Analyst
[Laura Graham](#), Quality Improvement Specialist
[Lisa Kelly-Armstrong](#), Director, Network Mgmt. & Operations.
[Lyndsey House](#), Post-Acute Coordinator

You can find all of our past newsletters on our website, click [here](#).

Learn more about IHANY