

January 2022



Who we are...

The Innovative Health Alliance of New York, LLC. (IHANY) is a collaboration among doctors, health systems and health care providers in New York's Capital Region aimed at improving the health of the communities we serve by working together in new, more coordinated ways. In today's evolving health care landscape, clinical integration is essential to achieving better health for the community, better care for individuals and lower costs of health care.

This Month's Priorities

- 1. GPRO:** Starting today, **January 3, 2022**, we will begin the GPRO abstraction process. Thank you to all our Primary Care practices who have connected with the IHANY quality team to discuss the logistics of the abstraction. We will be reaching out to our speciality care partners as needed during Q1 2022 for data that would be required for quality gap closure.
- 2. Annual Wellness Visits (AWV):** **Addressing Annual Wellness Visits for our our Medicare (ACO and Advantage) populations is a year round effort.** To help move the dial and address patient education on AWV the IHANY team has developed a Medicare AWV Patient Education Document you can use. Click the image to the right. If you would like copies, posters or have any other questions please reach out to [Brian Pinga](#).
- 3. Promoting Interoperability:** CMS's QPP portal opens today, **Monday January 3, 2022**. Practices that have been identified as needing to report PI please do so ASAP. Once you have submitted and have your results please email them to both [Brian Pinga](#) and [Laura Graham](#). If you have any questions or need assistance with your submission please reach out to Brian and/or Laura. PI submission must be completed no later than **Friday March 4th**.



What is an AWV?

The Annual Wellness Visit (AWV) is a yearly appointment with your care provider to update your health records and ensure you are up-to-date on receiving preventive healthcare services (screenings and vaccinations).

Who is Eligible?

All Medicare Part B members who have not had a Medicare AWV or "Welcome to Medicare" visit in the past 12 months.

What does the AWV cost?

Patients pay nothing out-of-pocket for this visit. However, during your visit if you require further tests or screenings other than those listed below, a co-payment or deductible expense may occur.

Is the AWV the same thing as a physical exam?

No, an AWV is a yearly visit with your provider to create a personalized preventive health plan, whereas physicals are for addressing chronic illnesses and performing routine lab work. However, your care provider may elect to perform additional services during an AWV which may have additional costs.

What should I do if I haven't had an AWV in the past 12 months?

Call your primary care provider and ask to schedule your AWV. Talk to your provider about what you can do to prepare for the visit and what they would like you to bring.

What is covered as part of the AWV?

- Update of your age, race, address, and contact information
- Update of your medical and family history
- Update of your list of current care providers
- Measurement of blood pressure, height and weight
- Screen for memory changes
- Review of movement ability and risk of falling
- Written preventive screening plan for the next 5 to 10 years
- Advanced Care (end-of-life) Planning
- Review of current medications



Mission Statement

The Innovative Health Alliance of New York, LLC (IHANY) is a collaboration among doctors, health systems and health care providers in New York's Capital Region aimed at improving the health of the communities we serve by working together in new, more coordinated ways. In today's evolving health care landscape, clinical integration is essential to achieving better health for the community, better care for individuals and lower costs of health care.



IHANY Welcomes Dr. James Phillip to Board of Directors

The Innovative Healthcare Alliance of New York (IHANY) is pleased to announce the appointment of James L. Phillip, MD, FACC to the position of IHANY Board Treasurer.

"We are thrilled that Dr. Phillip has accepted this enhanced governance role at IHANY," said Leslie Barden, IHANY chief executive officer and St. Peter's Health Partners (SPHP) chief strategy officer. "With his deep knowledge of his profession and passion for transforming the delivery of health care, I am confident he will help us achieve our quadruple aim of better health status for the community, better care for individuals, smarter spending on health care, and fostering a joy of medicine for our providers."



Dr. Phillip is board-certified in internal medicine, with a subspecialty in cardiovascular diseases. He currently practices at Albany Associates in Cardiology, part of St. Peter's Health Partners Medical Associates (SPHPMA).

Dr. Phillip earned his bachelor's degree from Saint Michael's College in Winooski, VT, and received his medical degree from St. George's University School of Medicine in Grenada, West Indies. Dr. Phillip completed both his internship and residency at Mount Sinai Hospital in Hartford, CT, and completed two fellowships in cardiovascular disease and interventional cardiology at Albany Medical Center.

Dr. Phillip has been a member of the IHANY Finance Committee since 2019 and joined the IHANY Governing Board in 2021. He is also Treasurer of the SPHPMA Board of Directors. He is a member of the New York State Chapter of the American College of Cardiology, the Medical Society of the County of Albany, the Medical Society of the State of New York, and the American Society of Echocardiography.

IHANY Website Update

There are now easily assessable resources for HCC Provider Education and Quality on [IHANY.org](https://www.ihany.org). Go to the "For Providers" section and choose what topic you would like to explore.

Welcome to the HCC Coding Catch-Up

Sharing guidance on new and existing ICD-10-CM (HCC) codes

CCD = Clinical Condition Documentation, focuses on the complete and accurate documentation of our patients' current and chronic conditions, including assignment of the most specific ICD-10-CM (HCC) codes.

Coding topics for this month:

- [Diabetes](#)
- [MEAT](#)
- [HCC Documentation](#)

Diabetes should be documented and coded with specificity regarding type as well as complications. If diabetes contributed in any way to a complication, use linking verbiage and a combination code. Severity and laterality of any relevant complications as well as method of control (insulin, non-insulin injectables, oral hypoglycemics, or diet) should also be documented and coded.

One of the most critical requirements in coding is proper documentation of a diagnosis to capture the most accurate HCC code. To establish the presence of a diagnosis during an encounter and ensure proper documentation, providers should validate each diagnosis identifying **MEAT**. This acronym represents **Monitor, Evaluate, Assess, or Treat** the condition. Please refer to the video and companion guide for additional details and examples. They are located on our website referenced below.

Documentation, coding and submission of each patient's diagnoses or Hierarchical Condition Category (HCCs) is required at least once per calendar year, restarting every January 1.

For more information on these topics visit our website <https://www.ihany.org/for-providers/hcc-provider-education/>.

Contract Update



MediGold, a new Medicare Advantage insurance plan, has contracted with many practices that participate in IHANY. Based in Ohio, MediGold insurance plan coverage begins January 1, 2022. Here are a few resources to help orient your practice to working with MediGold:

1. MediGold held provider education sessions last month to introduce the provider team, and review prior authorizations, claims submission, key contacts and other important information. Please click [here](#) for a copy of the information that was presented.
2. Formal educational materials including a monthly provider newsletter to all participating provider practices, Provider Administration Manual, Provider Guide and Star Measures Coding Guide and other tools and resources are available in [For Providers | MediGold](#)
3. To sign-up to receive up-to-date information from MediGold, please click [Provider Communications Columbus, Ohio \(OH\), MediGold](#)

4. Provider Service Center is open 8 a.m.-5 p.m. to assist with claims and billing questions, call 1-800-991-9907 (TTY 711).

MSSP ACO Update

As a reminder on 12/31/2021 IHANY's participation in the CMS Medicare Shared Savings Program (MSSP) ended. We are still required by CMS to report quality (GPRO) for performance year 2021 and very much appreciate your support in this matter. We look forward to continuing to work together on behalf of Medicare Fee-for-Service patients through Trinity Health Integrated Care (THIC) ACO in 2022.

Specialty Spotlight

IHANY Network Specialty Practices: Nephrology

As a Clinically Integrated Network, continuing to promote in-network referrals will allow for IHANY to provide better health to the populations we serve.

With that in mind, we will have feature spotlights on IHANY partners and affiliates within this newsletter to ensure we keep you informed of our diverse resources.

This month we would like to highlight our Nephrology Practice, **Capital District Renal Physicians**. CDRP has offices in Albany, Schenectady and Saratoga servicing the Greater Capital District.

Capital District Renal Physicians has been providing kidney care to the people of the Capital District since 1974. One of the largest private Nephrology practices in New York State, their physicians are experienced in all aspects of renal disease. CDRP provides office consultation and follow-up at Albany, Schenectady and Saratoga locations, and acute care consultations at Albany Medical Center, St. Peter's Hospital, Ellis Hospital, Albany Memorial Hospital, and Sunnyview Rehabilitation Center. CDRP manages dialysis care for patients at six different locations throughout the greater Capital District. We offer a Chronic Kidney Disease Care Clinic with multiple services specific to the needs of our patients. CDRP is proud to maintain their long tradition of high-level care, compassion and respect.

Services offered:

- Hospital and Office Consultations
- Management of:
 - Acute Kidney Injury
 - Chronic Kidney Disease
 - Glomerular Disease
 - Hypertension
 - Electrolyte/Acid/Base Disorders
 - Kidney Stone Care
 - Kidney Transplant Care

For contact information click [here](#).

If you are an IHANY Network Specialty practice and would like your location featured in a future IHANY Monthly, please email [Brian Pinga](#).

Population Health News

IHANY High Performing Post-Acute Network Launch

IHANY is excited to officially launch the High Performing Post-Acute Network this month. One of the key areas of focus in our strategic plan for 2022 is to transform the management of patients in the post-acute arena through a highly organized and accountable narrow network. Through collaboration, data sharing, alignment of goals, and partnerships with our SNF network we will be able to work toward the goal of meeting the triple aim.

"The capacity of ACOs to improve post-acute care cost and quality performance will impact the success of the ACO model, the ability of ACOs to achieve shared savings, and ultimately patient outcomes" (Kennedy et. Al, 2020).

Click [here](#) for the full article.

Any questions/concerns regarding the IHANY Post-Acute network please reach out to [Lyndsey House](#), RN, CRRN, Post-Acute Coordinator or [Ashley Zapp](#), LCSW, Manager of Post-Acute Network Development.

Clinician Resources

New on IHANY.ORG - IHANY Clinician Burnout Toolkit

Tina Shah, MD, MPH, a national leader in the field of clinician well-being was the featured speaker at IHANY's Town Hall " Burnout: The Contagion & What We Can Do About It." Dr. Shah is Senior Advisor, Office of the US Surgeon General in the area of Healthcare Worker Wellbeing & Workforce Sustainability, and a practicing critical care physician. Key points of Dr. Shah's presentation were:

- Burnout is due to chronic stress
- Personal resilience is not the solution
- Evidence shows system-based interventions can help reduce clinician stress
- Practice of medicine will ever be what it was before Covid-19 pandemic

Click on the link below to watch the town hall, take a look at Dr. Sha's slides and access IHANY Clinician Burnout toolkit.

[*IHANY Town Hall October 25, 2021 – Innovative Health Alliance of New York, LLC*](#)

Education

SPHP Medical Grand Rounds – Save the January Dates

CME credits are available for the live events and recordings will be posted 30 days after the event. **These sessions are open to all IHANY providers.**

Details available on the website: <https://www.sphp.com/colleagues/continuing-medical-education>

Upcoming Presentations

Meetings are held **12pm-1pm** on Wednesdays

1/5/22: A Collaborative Team Approach to Limb Salvage and Wound Care
Presented by: Deidre Dennison, BSN RN, Advanced Limb Preservation Program

1/19/22: Implementing the Collaborative Care Model to Address Anxiety and Depression in the PCP's Office Presented by: Deborah House, LMSW, CCM, ACHP-SW, CCI, Director of Social work Services at St. Peter's Health Partners
Susan Mrakovcic, LMSW, Supervisor of Ambulatory Care Social Work, St. Peter's Health Partners

Microsoft Teams Meeting Link: click [here](#)

For questions, contact:

Kathy Kindness, Medical Librarian, kathy.kindness@sphp.com

Website: <https://www.sphp.com/colleagues/continuing-medical-education>

CMS MLN Network: Diabetes Resources for You & Your Patients

Medicare covers these preventive services to detect and treat diabetes:

- [Diabetes screenings](#)
- [Diabetes self-management training](#)
- [Diabetes Prevention Program](#)
- [Nutrition therapy services](#)

New diabetes cases have increased among non-Hispanic Blacks and existing cases are highest among American Indian and Alaska Native people.

Use these resources and talk to your patients about their risk factors:

- [Medicare Diabetes Prevention & Diabetes Self-Management Training \(PDF\)](#) fact sheet
- [Medicare Diabetes Prevention Program Expanded Model \(PDF\)](#) booklet
- [National Diabetes Month](#) webpage
- [CMS Office of Minority Health: Health Observances](#) webpage

Updates from Hixny

Contributing Data to Hixny Meets 2021 MIPS Promoting Interoperability (PI) Requirements

By providing proper documentation, facilities that contribute data to Hixny are automatically qualified to receive credit for the Health Information Exchange (HIE) Bi-Directional Exchange requirement of CMS' Quality Payment Program: Merit-Based Incentive Payment System (MIPS).

The documentation required to receive credit is a combination of information from your EHR system, Hixny's website and your EHR vendor and includes:

- Dated report or screenshot documenting successful receipt and transmission of patient data by a MIPS eligible clinician (at the NPI level) *and/or*
- Documentation from Hixny's website ([found here](#)) confirming data contribution and information about the breadth of organizations in our health information exchange network participants *and/or*
- Letter, email or other documentation from your CEHRT vendor confirming a connection between your EHR and Hixny, including the date of onboarding and a description of the connection type.

You can find the criteria for all 2021 MIPS Data Validation: Promoting Interoperability Performance categories [here](#).

If you have any questions, please reach out to your account manager, RuthAnn Craven at rcraven@hixny.org.

We are here to support you.

Your IHANY Practice Support Team

Ashley Zapp, Manager, Care Coordination

Brian M. Pinga, Director, Quality Improvement & Practice Operations

Eileen M. Jones, Director, Clinical Condition Documentation

Emily Smith, Risk Adjustment Coding Specialist

James Renner, Manager, Population Health Analytics

Julie R. Eisen, Risk Adjustment Coding Specialist

Laura Wise, Healthcare Data Analyst

Laura Graham, Quality Improvement Specialist

Lisa Kelly-Armstrong, Director, Network Mgmt. & Operations.

Lyndsey House, Post-Acute Coordinator

You can find all of our past newsletters on our website, click [here](#).

Learn more about IHANY

Innovative Health Alliance of New York (IHANY) | 14 Columbia Drive, Suite 201, Albany, NY 12203

[Unsubscribe {recipient's email}](#)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by brian.pinga@sphp.com powered by



Try email marketing for free today!